

Tomato, Goat Cheese and Basil Tartine



Discover our delightful recipe for Tomato, Goat Cheese, and Basil Tartine. Experience the perfect blend of ripe tomatoes, creamy goat cheese, and fragrant basil on a crispy bread slice. Easy to make and bursting with fresh flavors, this tartine is a must-try for any occasion!

Preparation 5 min

Cooking 0 min

Servings 1

Nutrition Facts (per serving)

Calories 155

Fat 4

Carbohydrates 19

Fibre 3

Protein 10

Sodium 280

Ingredients

- 1 slice of whole grain bread, toasted
- 1 tomato of choice
- 60 ml (¼ Cup) low fat goat cheese (12% M.F.)
- Salt and pepper, to taste (optional)

Preparation

1. Spread goat cheese and sliced tomatoes of choice (ex: cherry tomatoes, ancestral tomatoes etc) on toasted bread.
2. Add salt and pepper to taste, top with basil. Enjoy!

Notes



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