

Honey Mustard Vinaigrette



An all-purpose dressing to enhance the flavours of any salad!

Preparation 15 min

Cooking 0 min

Servings 4

Nutrition Facts (per serving)

Calories 135

Fat 14

Carbohydrates 3

Fibre 0

Protein 0

Sodium 55

Ingredients

- 60 ml (¼ cup) olive oil
- 15 ml (1 tbsp) honey mustard
- Juice of ½ lemon (30 ml / 2 tbsp)
- 1 small whole garlic clove, finely chopped
- Salt to taste

1. In a bowl, whisk together all the ingredients for the dressing. Set aside.

Notes

This recipe can be kept for 5 days in the refrigerator.



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