

Citrus Fruit Vinaigrette



Discover a new flavour combination that is both nourishing and tasty with this vibrant citrus dressing. Perfect as an appetizer salad at your BBQ, or as a quinoa salad to bring to a picnic.

Preparation 2 min

Cooking 0 min

Servings 1

Nutrition Facts (per serving)

Calories 95

Fat 8

Carbohydrates 7

Fibre 0

Protein 0

Sodium 0

Ingredients

- 30 ml (2 tbsp) freshly extracted grapefruit juice
- 7.5 ml (½ tbsp) olive oil
- 5 ml (1 tsp) apple cider vinegar
- 5 ml (1 tsp) honey
- Salt and pepper, to taste

Preparation

1. Mix all ingredients well until a homogeneous vinaigrette is obtained

Notes



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