

Tomato and Hummus Toast



Experience the delicious combination of fresh tomatoes and creamy hummus in this satisfying tomato and hummus toast.

Preparation 3 min

Cooking 1 min

Servings 1

Nutrition Facts (per serving)

Calories 110

Fat 3.5

Carbohydrates 16

Fibre 3

Protein 4

Sodium 125

Ingredients

- 1 slice of bread
- 15 ml (1 tablespoon) of hummus
- 4 cherry tomatoes, halved
- A drizzle of sriracha
- 5 ml (1 teaspoon) sesame seeds
- A few fresh basil leaves, to taste

Preparation

1. Toast a slice of bread, then spread the ingredients in the given order on the toasted bread.

Notes

The toasts are best enjoyed on the same day.



Gabrielle Simard – Créatrice culinaire
Culinary Creator